

BRIDGES

WEDNESDAY, MAY 26, 2016

READ MY BOOK:

Dr. Franklin's Stucky Cat features 15 children's stories **P.2**

FASHION:

Emerging designer's impressive fairy tale creations **P.12**

WINE WORLD:

Spring mead fulfills the locavore's search for a wine alternative **P.23**

A STARPHOENIX COMMUNITY NEWSPAPER

HAUTE COOL-TURE

YOU NEVER KNOW WHAT FASHION DESIGNER LAURIE BROWN WILL HAVE UP HER SLEEVE – AND NEITHER DOES SHE **P.6**



FREE

READ MY BOOK

ROLLI

Short stories: Dr. Franklin's Staticy Cat

Hardly a week goes by without some friendly stranger shuffling up to me and asking, "Rolli, where on Earth do you get your ideas?" Well, the answer is surprisingly simple.

From an early age, I loved books. I loved reading. And before I could read, like all children, I loved being read to. The more stories I absorbed, the more alone, the more I wanted to come up with ideas of my own.

Creativity for me has always begun with stories — and I freely confess with stories, too!

Dr. Franklin's Staticy Cat — a collection of 10 whimsical children's stories — is my third book my first for children, and one of the very first to be published under independent magazine's new book imprint.

The stories are by and large of the laugh-out-loud variety, and full of surprise.

There's a story about a mommy who finds sweet children... to no avail. There's one about the greatest clowns in history... before a vacation cleaners. And there's even a plain, ordinary one about a girl who's sick up and decides to climb a tree... forever. Everyone's favorite story it seems is the one called "Handsome and Perfect." But there's no way in Earth to describe that one. You'll just have to read it.

Reviews of Dr. Franklin's Staticy Cat have, so far, been excellent. It was selected as one of only three "Highly Recommended" middle-grade titles for the winter season by

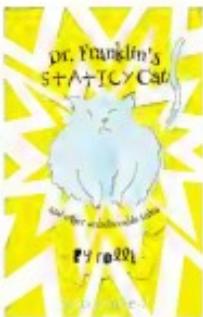


Author Rolli

teachers, and who need reassurance that it's OK (preferable, even) to be a little strange. But it's honestly more important to me that you find the book excellent as well. After all, I wrote these stories just for you.

Dr. Franklin's Staticy Cat is available at Chapters, The Artful Dodger in Regina, Amazon, the publisher's website (www.kidsundercover.com) and the Book Shop (www.radiantstuff.com).

If you do buy the book though, I hope you keep a few things in mind. Only really people hold onto certain or valuable in the margins (say, thirty seconds) take a break to the sidebar links, and \$10 it with onions. Only the worst sorts of people read in the bathroom. Please are filled with them.



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Louise Bowen created her At Home after attending Fernand Collage in Fauret. She's found a niche for her off-the-ridge designs in South Africa and has just launched a new website. *Photo: Photo by Michelle Berg*

FASHION PG. 12



Janis Proops is practical in her personal fashion, but her whimsical designs prove a huge hit during Saks Fifth Avenue's Fashion Week, where she won the creative designer award. *Photo: Photo by Michelle Berg*

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BRIDGES COVER PHOTO BY MICHELLE BERG

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IN THE CITY

MAY 24, 2014 — 1:45 P.M.

A nature walk



The NatureCity Festival parish linked the kids-off event at the Saskatoon Farmers' Market with a keynote presentation by Cam Collier of the Ecogenesis Foundation at the Rary Theatre on Saturday afternoon. The festival runs next May 30 and explores nature and culture in Saskatoon through a variety of events including plant walks, art exhibitions and a community supper. Photos by ELLIOTT MARTIN/TIMES

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HYDE PARK VIEW

Hyde Park View: Contemporary style accommodates residents' present and future needs

Hyde Park View is transforming the concept of adult housing as we know it.

Located at 301 Slimmon Place, just north of Birmingham Park View, Hyde Park View offers a unique combination of independent living and senior apartments. The 10-story, white building design is the first project from Elm Lodge Inc. The upscale walk community is ideally located, close to stores, transit, restaurants and medical services.

The 45-energy-efficient residences offer 1,000 square feet of living space, including a one-car garage and a covered porch. The units range in size from 1,000 to 1,250 square feet and include a choice of 15 different model options and 25 personal care suites.

What's a "no lease" unit? "With it, let's just say you own the lease," says the real estate manager that made it her life's mission to find a home for her to live in, pay less or not have to move independently. "People here now own the building," says Elm Lodge executive director Gary Foley.

There are advantages to life leasing as people age. You don't have to worry about the security of your investment. Whatever the price of your unit, you privately assure that back when you paid your lease, you'll continue to receive steady well serves as a replacement fee to the unit or the builder. A little lease is a peace of mind.

Life lease rates range in price from \$20 to \$297 apiece per month, including one bedroom plus den and two bedrooms, respectively. Every two-bedroom suite has two bathrooms. Life lease rates are paid starting at \$256,000. Options include a lifetime leasehold covering her people 30 years and more. That's why we have one monthly payment over time just like before market price," says Foley.

Life lease units are near pre-existing at Hyde Park View. Construction will commence in early summer, completion is expected in August 2016. Step by Elm Lodge to speak with a life lease specialist. The final option, ownership, will be held against application at May 2015.

The innovative modulus was designed by Arkansas architect Charles Davis of ADROIT Architecture and Interior Design. Gated residential areas use an architectural plan in the building's modern design. Floor-to-ceiling windows capture the morning views of neighboring Hyde Park, with its 25 acres of lakes, parks and walking trails.



Giles has designed a headturning 4-story, white-paneled modern white-walled building like no other before, opening the top portion of the floor to ceiling windows on the exterior. Many windows feature balconies with glass panel railings. All of the same floors, of course, a condo market are offered at Hyde Park View, includes open concept floor plans, one- and two-story, and kitchens with large islands, granite counter tops, and stainless steel appliances package. Master suites have walk-in closets, recessed lighting.

"People will have a choice of either in their community or come to us for a life lease," says Foley. "Residents desiring options include luxury vinyl plank, with the option to upgrade to wood-look, ceramic, or porcelain tile; solid surface vanity tops, and

granite, enclosing the hotel-style lobby, swimming pool, exercise room, library, pool side, walkways, tennis courts, paved paths and a large shared patio with BBQ area. Every life lease unit receives one parking and one covered ground-level pedestal garage along with individual deeded storage rooms. Getting in early allows you choose spacious spaces near new from one of three elevators located in different areas of the building.

Hyde Park View's lounge during events will be a popular gathering spot. A Red Sox start will provide over the education made created in the large ceremonial location. Every life lease resident will receive a single room locker, which is available to be used at the discretion of their apartment, directly or through Hynde Park View can also purchase additional room lockers.

Hyde Park View will offer 23 planned care units in addition to life lease units. The income for including the personal care units - maximum initial maintenance cost - an initial cost and annual funding is based on one responsible fees at Elm Lodge, says Foley.

Elm Lodge located at 1120 Main Avenue in Wilmette, is an independent living facility with 17 private living units. "When a person's health declines and they need to receive day-to-day medical personal care, at one of the most important skills at their life," says Foley.

Elm Lodge's marketing director says Hyde Park View is to be open after building. When people move in, they'll be younger and older. As they grow older, when they'll be able to purchase the kind of services they need to assist them in their care. When they can no longer function independently, they can move to a specially designed area in the care building that will provide 24-hour care until they are no longer able to live on their own, and then they will be on hospice mode, with their family surrounding them. If they have a spouse, their spouse may move with them or stay in their care. Likewise, if the personal care unit, the personal care unit will provide an intermediate care at care can be shifted by dependent, instead of

Elm Lodge is a Christian ministry, and we want to accommodate to people of all faiths and cultures. We are a charitable organization. One goal is to provide residents of independent with affordable housing. All other areas of the non-medical focus in our city especially when you consider the extremely high level of care that we provide, we are able to keep the lighting low. We've been doing that for 33 years in Wilmette," says Foley.

For more information, contact sales representative Shirley Davis at 847-332-5339 and visit the website at www.hydeparkview.org. A presentation room will open soon near the spring.

ON THE COVER

I love doing that kind of stuff — where it's just weird and crazy and not necessarily sellable.

— Laurie Brown

SASKATCHEWAN DESIGNER

Brown's theatrical style delights fashion industry



Laurie Brown works on designs for her first runway show at Saskatchewan Fashion Week in her studio. The show was the most daring yet in her career as a fashion designer. MICHÈLE RIEG PHOTO BY MICHELE RIEG

By Jenn Sharp

It's the final night at Saskatchewan Fashion Week at Regis. The sold-out crowd leaps in its feet. Laurie Brown breathes a sigh of relief. She has just pulled off her most daring show ever.

"Sometimes I hate off more than I can chew but then I have to make it

work," Brown grins.

Last year at the same event she made a dress that had red tape wrapped around a contortionist's leg and strapped to her leg. As the white dress slowly transformed with exploding blue spangles the audience roared with appreciation.

This year, Brown pushes the action. She changes the models' eat-

ers on stage — a neck choker can become a belt or a feather. A model's overcoat pocket was suddenly lowered down her hip and, with a few strategically placed spangles, turned into a pocketbook.

On has blog wristbands/fabulous ones. Calgary based fashion writer Ursula Duska called it "gross and insensitive design which was tasteless."

The idea was inspired by Dolce & Gabbana's Victoria & Rolf, who had a model walk out wearing a large coat on a rotating stage. The two designers took off a layer each time she walked by and put it on the next model. Eventually, the first model was wearing almost nothing. Then, new models came out wearing those layers.

The designers used three to dress the original model again. "They have amazing shows," says Brown. "That one is one of my favourites. I want to keep bringing that kind of stuff to people."

She knows not everyone is fully engaged at a fashion show.

"I want to catch the attention of the least interested person in the room and have everyone enjoy it."

She has been a strong voice for all the designers involved in our events by providing feedback for us to improve the experience for designers, models and spectators. — Jacqueline Conway



Jacqueline Conway, founder of Bridges, helps a designer make last-minute changes before the show begins. (Photo by Monty Gourley) *Bridges* also includes some unique pieces, like the vinyl skirt pictured above. (Photo by Michaela Smith)

Her validation after the Italian week finale came when strong reviews and her star gave them goosebumps.

"That is why I did it. That's all I wanted to hear. That's all I wanted to do. It was so gratifying there."

Headlines, tensions run high as designers scramble to get the catwalk looking just right as their models before the 30-second walk down the

runway. It's all about first impressions. Once the event begins, each designer's story may be completely different from the previous. Models come off the runway and rush to their spot where a stylist helps them strip down and hop onto the next garment. Hair and makeup people are on hand for last-minute touchups — a spritz of hairspray here and a swipe of blush there.

Behind the glitz and glamour of

the runway, Brown's life is more complex than those dramatizations would imagine. By day she works as a server at Ruth's Chris, a restaurant in the heart of downtown. The social interaction of the restaurant helps Brown find balance. She loves talking to her customers, a few of whom have come to her shows, and working with the staff.

"They make me so happy. They're so good. You can never be in a bad mood there."

Evening you turn to Fix It, Fix

Men, 35 years ago. When she was 18, Brown's mother left the family. Her father, Harold, a mining engineer, was raised her and her brother back.

"I was so poor. I didn't know my difference," she says. One night she heard a radio announcer talking about broken homes. She asked her dad what that was and was surprised to hear she came from one.

"I didn't mean anything. We raised us just as we'd do any other family,"

would I wouldn't have changed anything?"

While she's only met her mom once, she moved to Ontario, Brown is closer to her mom's family. She was also closer to her stepmother, Florence Wahkem, a "mother figure," who taught her how to sew but Brown wasn't really interested in sewing or clothing as a youth.

She was more interested in the nation — the rappers, the pins and needles — the crafty kind of stuff."

Continued on Page F

I want to catch the attention of the least interested person in the room and have everyone enjoy it.

— Brown

It wasn't hard to know what to buy her for Christmas — any dress she could build or create. She loves building them, too.

All those crafting skills have transferred well to the work she does under her fashion label, Leslie Brown. Her clothes are made to make a woman feel sexy. Many of her designs hug the body like a second skin, and always make use of the most cutting edge fabrics.

Sleekly prints, patterns and cutouts rule her artistic direction. Vests and tops play a large part for Fall 2014. These have a black mesh front with lace accents and gather belts or hip-hugging panels are even a little see-through.

Some of her favorite projects are over-the-top costumes, usually done for photo shoots with other artists. Those are not sold to the public. That's where she can re-

ally unleash her creative side. Her one called Black and Gold, she created a bodice from vinyl records, held together by metal bolts.

"I love doing that kind of stuff ... where it's just weird and crazy and not necessarily wearable."

Despite the pressure, everyone likes to have fun backstage. As Brown is being interviewed on camera, she fights to keep from bursting out laughing. The reason becomes obvious when the cameras stop, and she reaches out to scratch a model's belt — which she's been wearing around at Brown's whole time. Designers choose their models for SWW at a cast in April. She needed girls who were confident, ones who wouldn't get easily intimidated.



Leslie Brown
seen in this shot
through the window of
the wardrobe change
room backstage during
the Star Phoenix
Fashion Week.
Photo by Mark
Andruszko

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I realized that it was really natural and really easy and I was really enjoying it... that's when I actually got interested in fashion. — Brown

Brown moved to Saskatoon in 2001. Two years later, while working at Fabrendis, she decided to attend the fashion arts program at Saskatoon's Seneca College.

"I realized that it was really natural and really easy and I was really enjoying it... that's when I actually got interested in fashion."

Brown was awarded Student of the Year at Seneca for her collection of historical dresses, kicking off the theories she likes to reinforce in her shows today.

She was set to work in Toronto after school as the fall. She returned to Saskatoon for a summer job, a move that reignited her love for the Border City where she has been ever since.

"When I was here, I missed it so much. That couldn't be away from this place," she laughs.

Laurie Brown designs are sold in a small boutique in Saskatoon. Brown regularly gets top billing of fashion shows. In Toronto, her Tulle Couture would have put one of these needs competing for attention. Collaborating with Saskatoon's most-potent designer has resulted in her focus.

"People are really honest and feeling to help. For the most part, no one is pushing toward one another or trying to stand apart. I can say it would be slightly different in Toronto. I don't think I would be as far as I am now if I'd stayed there."

There's no boasting or brashness with Brown. What you see is what you get, which is refreshingly authentic.

She turned up as a bag chair in the corner of her dad's living room. He moved to Saskatoon a few years ago and her studio is in the basement of his Willesmere home. Brown wears a ready system of make-up, mostly tangerine eyeshadow and pants. Only two days after the whirring of fashion week, where she sat only shored but polished, the emerging designer each night she still looks put-together.

Networking has helped advance her career. When Brown moved back to Saskatoon, The StarPhoenix ran an article about her Jacqueline Conrad, a co-owner of the Saskatoon Fashion Design Project, sent it and invited Brown to teach with Rebecca King, an established Saskatoon designer who helped found

the festival.

"She has been a huge resource for all the designers involved in our events by providing feedback for us to improve the experience for designers, models and spectators," says Conrad, who adds that Brown has contributed countless volunteer hours to organizing the festival.

Brown and King became friends. King says Brown has broadened her creative free-train-

Continued on Page A10



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We are not New York or even Toronto, in the sense that we're not up to date with the most popular, most current trends. You want to make sure you're pleasing everyone while keeping them looking really good and really trendy at the same time. — Brown

After visiting all night, it's almost time for Laurie Brown's fashion to hit the runway. Madie puts on different walking styles to find the one that best suits Brown's clothing. An entrepreneur, Brown breaks out and Brown gladly goes in. She's nervous but keeps smiling. A madie later confides that Brown is her favorite designer to work with because she's personable and treats them all like human beings.

Before she begins the design process, Brown researches silhouettes and color trends, but she doesn't want to be influenced too much by what others are doing. She also keeps her Saskatoon roots in mind.

"We are more New York or Paris Trends. In the sense that we're not up to date with the most popular, most current trends. You want to make sure you're pleasing everyone while keeping them looking really good and really trendy at the same time."

She considers what's happening in the industry, sheobs the trends, then steps back to make her own designs. Touching the fabric and seeing how it feels ignites her imagination.

"Whatever I naturally absorb from it is what I go to after that. For me, it's always about fabric."

The life of a designer can be amazingly lonely. Brown does her design work at night, a car of Red Bull and large Tamaghi's always close at hand. She never used to let anyone touch her new and even saw she'd always be alone to create.

"Sometimes you feel like you can't really fit in until you know someone is looking. At nighttime you know you're not going to be bothered."

During the year, Brown's influences, Saskatoon's fashion scene, by "picking the envelope" through her unique collection.

"Her perspective is visionary and inspiring for my new design consciousness."

After a few years away King is happy to return to Saskatoon and says people's style is evolving, thanks in part to an influx of new restaurants, boutiques and salons.

Contributed by Amy E.



Madie showcases Laurie Brown's designs along the runway of Saskatchewaan Fashion Week in Regina on May 10-12. Photos by Michaela Ranta.

WORD ASSOCIATION WITH LAURIE BROWN

LEATHER: Don Krikorian's cut-out skirt. Leather with cut-out patterns. I took his skirt on to have it made to hand-cut and Brown was excited she was able to do it in an evening.

BLACK: Stock. I use black a lot of the time. It's a basic staple.

STYLE: In style. I'm not a huge trend follower so it

makes me think about fashion you own — it's style in person and not necessarily who they're wearing.

LACE: The lace cocktail dress I did a couple of seasons ago. We applied lace on the models faces too.

VINYL: Structure, like the structures on the models at SFU show. "You always wanted to thin out

bodysuit with some sort of it."

DESIGNERS: Victor and Rolf, Alexander McQueen, Houghton Chalaya. "Anyone dramatic and over the top that takes you something to look at."

CHOKES: "They should never be worn — they're not suitable to everyday life. I will admit, I worked at a dollar store and wear them there."

Her perspective is visionary and inspiring for our design community.

—Conway



Lana Brown in the studio that's her creative haven where she's been sketching and shooting photos for about four years since the launch of the fashion section in Bridges. MONTREAL PHOTOS BY MICHAEL FERGUSON

"I think we have a pretty cool vibe. Saska is a nice name; it's not super girly, it's artsy and funky. I like the new way of the arts community here," she says.

The respect of her peers and the admiration of her fans. And, two days later, she's already wondering how to tag it. "It has no idea," she says.

Brown is a picture of calm professionalism as she changes her models on stage. The atmosphere is electric. Excited groups purchase the strands of a LANA Del Ray runar white Brown plays associate. Her designs look surreal as the models strut down the runway. The show would not have been out of place at New York Fashion Week. When it's over, the nervous

Brown will show off two backstage fashion and design related events — Starburst of the Mercedes-Benz dealership on May 31 and Post at River Landing on June 1. After that she's plotting to revamp the fashion section. Plus she's working on a small Saskatoon venue. She wants it to be interactive and personal, with back-to-back style.

SASKATOON FASHION AND DESIGN FESTIVAL INFO:

IN FASHION

May 29, McTavish Plaza, 1 floor of The Box (2nd flr) 2-5 pm, \$3. Apparel/summer 2014 trends workshop led by a stylist and beauty guru.

Friyay the festival kick-off party with award-winning fashion designer for a limited edition of GreenArt.

10-established Saskatoon designers.

SHOP FEST

May 31, McTavish Plaza (1st flr), Saskatoon, 8:30 am, ticketed, general admission. Featuring new collections from

local emerging designers plus pop-up bars and entertainment throughout the day.

SHOP INDUSTRY MIXER
May 30, GreenArt Collective, 4pm - 7pm, \$30

Authentic Amish Cooking



COURTESY IMAGE OF A. SMITH PLAUM

Steak Marinade

- 1 1/2 lbs. Beef Brisket
- 1/2 cup Onion, chopped
- 1/2 cup Pepper, chopped
- 27 Pepper
- 21.5 oz. Deli Pre-Sliced
- 11.5 oz. Lemon Juice
- 21.5 oz. Mustard
- 1/2 Pepper



Mix together. Soak meat for 24 hours in refrigerator. Marinade enough for 5 lbs.

Feather Light Muffins

- 1/2 Cup Butter
- 1/2 Cup Sugar
- 1/2 Cup Oil
- 1 1/2 Cup Flour
- Teaspoon
- 1/2 Cup Milk
- 1/2 Cup Raspberries



In a mixing bowl combine, flour, baking powder, sugar and oil. Cream dry ingredients. Add wet ingredients with milk. Mix until smooth. Bake in muffin tins for 20-25 minutes or until golden. Let cool for 1-2 minutes. Melt white chocolate chips and drizzle over a muffin. This makes muffins moist and then in sugar coating. Yields 12-15 muffins.

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FASHION YXE

SASKATCHEWAN FASHION INDUSTRY

Janis Procyk:

Practical in person, royal on the runway

By Ashley Martin

Unlike a feisty little princess, Janis Procyk never dreamed of being where she is today.

Growing up, the idea of becoming a fashion designer with a burgeoning career seemed impossible.

In Filmow's population 200 or so, she was exposed to typical profession — accounting, doctors. But a career in fashion? like the designers she saw on *Project Runway*?

"That seems so wild and crazy, there's no way there's a job for that," said Procyk, who showcased her inaugural collection at Saskatchewan Fashion Week (SFW) this month.

After high school, she headed to Lethbridge to pursue a business management degree.

She started working in event management.

She was unemployed.

Then three years ago, a cousin her age died in a car accident.

"That was kind of the kick. Life is so short to be miserable; you just need to live every moment to the fullest," said Procyk, 24.

She moved to Vancouver to study fashion at the Blanche Macdonald Centre.

She'd always loved fashion and would see the odd time, her grandmother had taught her the basics.

At school, "Everything made sense and I'd pick things up right away."

But her full-fledged fashion design diploma, Procyk still wasn't sold.

When she returned to Saskatchewan, she met with local designer Dean Lennox to gauge the industry.

She started working with him in January.

It was Remek who encouraged her to apply to SFW.

With 40 illustrations to choose from and fabric sourced, Procyk was "an turbo model" (see February 16 compare her collection for *Postcard Designs*).

She didn't expect to win the SFW emerging designer award — she was watching Leah Brown's show when she was called backstage with the other designers.

When she was called up, she heard her name announced and she was shocked.

I cried on stage, she says, embarrassed.

"All of a sudden it hit me: I've won. I have been working so hard on this for so long. I'm so honored and so excited."

She's only beginning.

Procyk is filling orders for her fall/winter line, creating a spring/summer collection, and designing custom pieces for clients.

And she's still working with Remek as a costume maker.

"It's令人惊讶 to be working on pieces that I wouldn't normally make for myself," said Procyk of Remek's more mature designs. That said, "We both do a lot of tailored looks."

Have an outfit you've styled for an upcoming event?

Send a photo to bridges@thestarphoenix.com



THE EVIL QUEEN

Procyk's fall collection is made up of eight looks inspired by the story *Little Red Riding Hood*.

To keep the look to movement sophisticated, powerful, femme," said Procyk.

"I always had a soft spot for the queen. Everyone views her as being this evil, but she's a powerful, successful, confident woman. Her like, 'I have it.'

"She not the ideal wife, trend forecasting for a school project last year. The abundance of black lace frazzled her. "It's pretty but it also can be very man."

BRIDGES PHOTOS BY

RYAN
SCHLOSSER

FASHION



PHOTOS PROVIDED BY TERRY FLEISCH



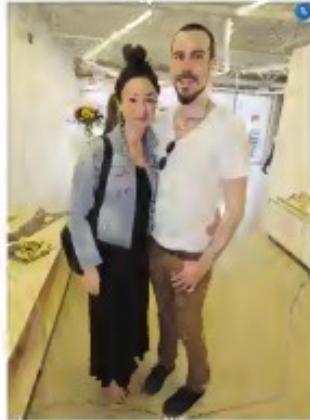
ON THE SCENE

STOREFRONT OPENING RECEPTION

The Storefront opened its doors for the first time on May 22 and welcomed Sipokation art losers in for the inaugural exhibit LOCAL Furniture Design pathway together five Saskatoon designers who create original works of furniture using traditional woodworks and timeworn.

Crystal Blasberg is the director/curator of the Storefront, located in the recently expanded Two Twenty. She founded the gallery as a way for designers, artists and architects to connect with each other and promote their work in Saskatoon.

BRIDGES PHOTOS BY GREG PENDER

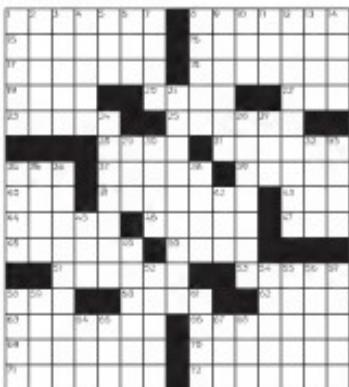


- 1. Denise Gerl and Kent Dahl
- 2. Linda Hauksson, Gina Halebrained and Thomas Dehoil
- 3. Jim and Bonnie Hermon
- 4. Crystal Blasberg, Kyle Hermon and Sara Lovett
- 5. Robin Robertson and Mark Sin
- 6. Sandra Ledingham and Kevin O'Connor
- 7. Louis Bonhagowic, Chad Lawrence and Noah Rossini

CROSSWORD

NEW YORK TIMES Puzzled by Will Shortz

- 1 WALLY
4 GUS
12 Lament away
14 Like some coral
addresses
17 Raise the jard.
18 Volatile要素
19 50-50
20 Many localities allow
22 Insurance for one
23 Gross Profits
35 What is east, true
way
38 River of Hosts
39 Not just here
34-35
37 Enrages
39 Lateral with stripes
40 In the style of
41 ALAN
43 Place for a seasonal
respite
44 Like a skeleton
to its bone
46 Sandbank
47 Copy-right holders
e.g. Author
48 Can't find fresh
water
50 Sponsor in the
classic sense
51 Gobbling down
the food
53 Mind us or
dine, say
54 Call us, call
us back
55 Jazzy refs.
56 Kickass
Swimmers
58 Toss
60 International
language
62 "Lack life,
Lady"
composer
poet
70 "I envy SISU."
Helsinki's
Glossary
71 John C. Green
first American
author
72 DINE



PUZZLE BY WILL SHORTZ

DOWN

- 1 Item T1 denies
2 Admirably want
3 They're in trouble
4 ... in the air
5 ... before it?
7 2016 Olympic city
8 G.R. personnel
9 T.A. really song title
10 Goral
11 NASA satellite
12 Hops
13 Pinned up
18 Old US dollar currency
19 It's a crack
24 Next century PC game
of the 1990s

ACROSS

- 21 Vacuous need due to
absence
24 Kind of desperation
26 School peak drawn
27 Festive
28 ... in the air
30 With lots of "veins"
32 ... Mer
33 Some checklist
functions
34 Signs on faces
35 Musical family name
36 SCOTT
38 Unstable subatomic
particle
42 Team
45 Mountain

JANRIO
CLASSIC
SUDOKU

Level Silver

Fit in the shaded cells.
using numbers 1 to 9.
Each number can ap-
pear only once in each
row, column and 3x3 block.
Use logic and
process of elimination
to solve the puzzle.
The difficulty levels
range from Novice
(easier) to Silver
to Gold (harder).

2	9		7					
7		1		8		3		
3	8	2			1			
	4		3					
		4	5					
7		6		3				
	9		5	4	3			
8	2	6			5			
		2			9	8		

Solutions to the
crossword and more
in the Sunday issue.
Turn to page 23.

www.caswellartsfestival.com

 Ashworth Holmes Park
Ave E North & 31 St W

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ARTISTS
FESTIVAL
experience
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- Collaborative Art



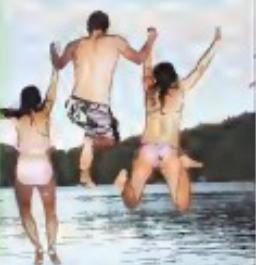
Everyone Welcome

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SHARP EATS

See a food trend you think deserves a highlight in Bridges?

Email bridgethestar@comcast.net

or visit Bridges on Facebook.

© SASKATCHEWAN 1993 TRENTS

European-style deli sandwiches in Saskatchewan

By James Sharpe

The sandwiches at Hoban Star Deli are legendary.

Ask anyone in Regis where to get the best sandwich in the city and they'll likely point you to the little house turned Italian market on Victoria.

An Italian couple, Frank and Anna Gambetta, bought what was then a confectionery in 1965 and began importing their famous products from Italy back home. The deli now carries the largest selection of imported Italian goods anywhere in the central United States (in the previous 12 years). From the best salami to pasta, potato salad and tortes, it's all here. There's also a healthy selection of ethnic products from Europe and South Africa, along with a strong representation of Southeast Asian imports. The couple's son Carlo and his daughter Marcella are carrying on the family tradition.

If it's a bittersweet place. Even after the neon bear mask, there's often a lineup stretching throughout the store for one of those famous mud-walnut Cakes laughs often and asks customers about their day. It feels like stopping in at an old friend's place rather than a business.

The grocery shopping aisle, that place really does make a fantastic sandwich. There are three options — cold sandwiches or pizza. All come with a selection of deli meats, provolone cheese, pesto, horseradish oil and vinegar and mustard. The medium heat sandwich has sliced banana peppers and the spicy includes the peppers along with Maria Gino's "inexplicably spread."

I packed up a (frag) spicy sandwich the other day and took it over to nearby Vietnamese Park as there's no seating inside the stall. I planned on saving half and saving the rest for later but it was so delicious, that plan flew right out the window. While the finely sliced meat and provolone was excellent and their spicy spread had plenty of kick, it was the soft and chewy artisan focaccia bread that kept me coming back for more. Oh boy.



Revista De Ciencias Sociales y Humanas, ISSN 0210-8093, ISSN-e 2448-7752, ISSN-CDR 2448-7760, DOI: 10.22373/rdch.v1i1.10000

Am. Journ. Clin. Nutr.

And at 87, you'd be hard pressed to find a stronger health argument.

Up until last month, nothing is
Saskatoon quite compared to the
Hilman Star Deli. Enter the newly
opened Urvards Deli on the corner
of 10th Street and 22nd Street. Owned by
the two Georges (Kelle and Taglier),
their desire was to bring their meals,
soups and a European-style deli to

The two met while at SIASAT's co-
operative school in Sardiston. Reh
moved to Calgary after school to work
at a fine dining restaurant. Taylor
left as well, and worked at an Indian
deli and restaurant in Calgary before
coming back to Sardiston. They're
both home now, reunited and happy.

can often dominate the distribution.

Products from Italy, Greece, Portugal, London and Montreal not available.

"All the ingredients we have to work with and that we know a lot about, we bring in. It's like Christmas here every day," says executive chef Barry

General manager Darby Taylor is a pro at bringing in products he knows Kells will love. Everything from guitars to artichokes, since an

Send advice on what product to use! Just ask the chef! You can always find a dairy on house who will coach you through the decision.



The spicy deli sandwich with provolone cheese from Italian Star Deli is a savory, hearty and delicious sandwich served "Al 27" this is undoubtedly the best quality sandwich at that price in Boston. Photos by JOHN STAFFORD

SHARP EATS

Need advice on what product to use? Just ask the chef. You can always find a Deli in house who will coach you through the decisions.

These sandwiches (try) may just rival those at Italian Star. Kells makes the bread from scratch every morning, 80 loaves per day. Available from 11 a.m. to 6 p.m., the sandwiches are often sold out before 3. The sandwichboard sandwich menu changes daily (there's always five options) and features the deli's meat and cheese, along with a vegetable offering. A pickled profiterole, from Kells' Ukrainian grandmother's recipe, is served on the side.

Bread lovers, 82, are also for sale. Any bread leftover at the end of the day gets dropped off at businesses in the area.

"We're going for quality, not quantity. We don't want to throw anything out here. That's why we don't want to over produce a lot of our product," says Kells.

For now, Kells is making cushioned white bread. While people have asked for gluten-free, he won't be offering it. His workshop is limited and he doesn't want to risk any cross-contamination.

A producton, Klobasa, complete with a six-foot stand up cooler or in the works along with a partner next door. Kells is just waiting for his own ton-haul truck to arrive.

If you've a pork lover, you've come to the right place. Klobasa marinated with herbs and aromatics before making the meat safe. Prawns Paras is his main supplier. Tomatostach's Floating Goddess are on the menu too.

"We love pork. There's a lot of pork in this deli case. Any fresh protein, I can get local. I'm getting local."

Have you tried a sandwich from Italian Star or Riverside Deli? Tell me what you thought about it!

johanna@starphoenix.com
starphoenix.com/deli



The Meeewasin sandwich at Riverside Deli is a nod to an Indian style with three meat and paneer cheese. Photos: Jason Miedema/StarPhoenix

SASKATOON FOODIE EVENT

EAT THESE WORDS COMMUNITY SUPPER

Saturday May 31, 5 p.m. at St. James Community basement, 507 Diefenbaker St. P. 613-246-9424. About \$25. Info: [eattthesewords.ca](http://eatthesewords.ca)

Tickets: \$35, \$30 and \$25. See under Eat These Words' event details at eattthesewords.ca.

“EAT THESE WORDS” has received some excellent press coverage by local media. The supper will be open to the public and will feature food from Food for Education and the Open Food Society of Saskatchewan. University of Saskatchewan students will be writing, reading and discussing their favorite books and their inspirations while focused on creating meals to celebrate literature.

St. James Community
MUSICAL THEATRE
Graham Gammie
HMS PINAFORE
Alas, Why Lament & Sigh!
Matthew John B. H.
Matthew McDonald
Bobby Williams
Music Director: Wesley Riddle
Presented by Peter England

June 27 - July 6, 2014
Remai Arts Centre
Showtime: 8 p.m.

Persephone Theatre
Box Office:
306-384-7727
www.remartscentre.ca/musical/theatre/hms-pinafore

VR PotashCorp www.potashcorp.com www.facebook.com/PersephoneTheatre

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WHOLE STORY.**
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Nuts About Nature At Beaver Creek Conservation Area



Hi, Ida! My name is Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city. Bonus: a family “Nature Activity Hat-Pad” and have a chill-nature break!

Guess what, Ida? You can send your questions to me at the address below!

Dear Chip,
When do gophers have their babies?

—Jen

Dear Jen,
There is nothing cuter than a baby squirrel! Personally I think beaver babies are the best, but gopher babies are a close second! Richardson's Ground Squirrels, commonly called gophers, mate in late March or early April after coming out of hibernation. They have a gestation period of about 27 days. Gestation is the length of time that a mother carries the babies inside her body before they are born. Baby ground squirrels arrive in late April or early May, and are born blind and helpless. The first 4 to 5 weeks of their lives are spent underground in their mother's burrow. By the time they emerge in June, the babies are fully furred little miniatures of their parents. At this stage the babies are ready for fun in the sun! They appear at their burrow entrances to play and bask in the warm summer sunshine. At the beginning of September, the ground squirrel babies have reached their full size and are independent.

Send your questions to me at the address below then watch Bridges for the answers!

Your Nuts
Lisa Beatonville Wildlife Authority
401 Third Street, Suite 300
Regina, SK S4P 3C4
Website: [lisabeatonville.ca](http://lisa.beatonville.ca)
Email: lisa.beatonville.ca



Meewasin



EVENTS

MUSIC

Wednesday, May 26

The Blockies

Bands on Broadway,
817 Broadway Ave.

Jordan Kleman

Capitol Music Club,
244 First Ave., N

Thursday, May 27

The Chameleons

Checkers Restaurant & Lounge,
1-227 Pritchard St.

Big Bang Baby

Bands on Broadway,
817 Broadway Ave.

Just Jeze The Kim Salkeld Trio

The Basement,
202 Fourth Ave., N

First Night Party at Charly Hustle and The Duff

Amigos Cantina
632 10th St., E

Fri., May 28

Sonosamer

Bands on Broadway,
817 Broadway Ave.

Plane Pranks Kim Salkeld Peets Series Back at the Basement and The Backstage

The Basement,
202 Fourth Ave., N

4-front

Army & Navy Club,
359 First Ave., N

Two Front Doors

McNally Robinson,
3730 English St., E

League of Nations

Three Town Tavern,
1430 Franklin Dr.

Powers Blue & Deveraux

Gordons and Lettuce Brown
Vineyard Tavern

816 Broadway Ave.

Castle River

Amigos Gondola,
632 10th St., E



The Loft at 816 Broadway will be at night on Thursday. (Photo by Michelle Rybczynski)

Red Silence

Steens Place
106-110 Ruth St., E

Jeff's Jam

Pizz's Pub & Grill,
2024 Edwylde Dr., N

Sat., May 29

Sonosamer

Bands on Broadway,
817 Broadway Ave.

The Marine Hospital and Ross

Lower Level
The Basement,
202 Fourth Ave., N

A-Point

Army and Navy Club,
359 First Ave., N

Lover Drive

Nutana Legion,
3921 Louise St.

Scenes by Rhythm Kings

Downtown Linton,
9048 Spalding Cres., W

Manc Holt Trio

McNally Robinson,
3730 English St., E

Macabre! Skunklord, Fall City

Fall Party Cat, Cardinals
Pride, Broadstreet, Skymet,
Keweenaw, Moonlight Youth,
Horizon Creek, Subculture,

The Red Thread, Trace the

Sky, Of Articulate Design,

Of Concerts and Kings, Low

Level, Liquid Skies, Edits,

Reserve the Name re:rating,

There's This, Create & Destroy,

Where the Heart Is

Orphans Events Centre,

3rd Second Ave., S.

Plastic Pranks w/ Towleida

Merle Sublime LBB & T-Bes

Vineyard Tavern,

8020 Broadway Ave.

The Face

Aviatic, CARINA, 632 10th St., E

Best Blazz

Stearns Plaza,
106-110 Ruth St., E

Jeff's Run

Pizz's Pub & Grill,
1403 Edwylde Dr., N

Sun., June 6

Lover Drive

Nutana Legion,
3921 Louise St.

Mons., June 8

Caves of Pouzzuoli, Phobic

Individuals and Hexen for Metal

Vineyard Tavern,
8020 Broadway Ave.

Tues., June 9

Whiskey Sensors

Amigos Cantina,
632 10th St., E

ART

Heritage Art Gallery

Until June 10 at 1008 Spadina

Cres. E. David Mazzoni:

Read It and Other Diversion-

sions and the RBC Artists by

Artists Membership Progra-

What you need to know to plan your week.

Send events to bridges@thestarphoenix.com

Annotated Ground: Memmings
Women and Memmings Men
Inviting runs June 3-28. Art-
work by Ben McLean and Gail
Sanderson.

Tree Gallery

Until May 30 at Market Mall.
An exhibition of student
works from Walter Murray
High School. Photographs
by Alex Semenoff and Jas
Semenoff; and paintings by
Kathryn Green and Leahy
Kerwin.

ArtWalk gallery

Until May 31 at 816 Broadway
Ave. Where Kival Metz Silky
Works from Aboriginal and
Metis communities in Ses-
katchewen.

Horizon Art House

Showcase
Until May 31 at 816 Broadway
Ave. "Trophy" (works by
across the globe) by artist
Ariane Hines runs June 2 to Aug.
2. Inviting new works by
Saskatoon fibre artist Monika
Kinner-Wheal.

The Gravity Art & Frances Marion
Central Library
Until June 3 at 8 Frances Marion
Library, 3rd floor. Memorial
Library. Canadian perfor-

the real Arts

Until June 6 at 430 20th St.
W. Street Metalis A multi-disc acade-
mia in route to young feminist
Metalis Metalis. Inaugura-
tions by Tom Hanes until
June 6. A dialogue between
two computer-generated
animatronics that were
created across a span of four
years.

3326

Until June 7 at 3326 10th St.
E. Essays by Martin Heidegger
and Marie-Claude Souillier.

Glebebaker-Goude Center

Until June 8 at 101 Glebe-
baker St. "Circles of Light" by
Cathy Clegg. An exhibit memori-
zing the Canadian
Artist of Her Majesty Queen
Elizabeth II from a uniquely
Canadian perspective.

EVENTS

Art Trek 2014

June 13, 3 p.m. to 10 p.m., and June 14, 10 a.m. to 8 p.m.
An outdoor exhibition and
gated studio discovery tour
featuring nine studio groups
in Westmount, elements-
tions, and chances to talk to
the artists. For a map visit
www.torontoconvention.com/artstrekwest.html

Dorrell Bell Gallery

Until June 15 at 422-10 21st St.
St. E. Cheryl Buckmaster,
Elective Jives and Other
Culminations

Musée Ultramarine Montréal

Until June 15 at 222 Ave. M.
Pissarro (Easter egg) paint-
ings by Ann Barnes.

Montreal Museum of Canada

Until June 21 at 2000 Spyiale
Cres. E. Moved by the Spirit:
Artistic Interpretations
of the Land of Jesus A
multisensory exhibition
featuring the works of 12
artists.

Hartbecht and Blodgett Mu- seum and Gallery

Until June 30 at 501 Main
St. in Hurlingham. A Local
Perspective, Local and
Contemporary Art by Toni
Anderson and Sandy Christensen.
Events, gallery openings by
Great Rebels, runs until June
30.

The BlueHouse

Until June 30 In the Two
Twenty. Local Furniture
Design, the first show. The
new design gallery celebrates
local furniture makers.

#marhouse Studio & Art Gallery

Through June 30 200 Spa-
stra St. E. Working It In
Spring by Cecilia Elizabeths.

AKA Gallery

Until July 4 at 242-10 21st St.
I've Laughed I Cried I Spent
My Time by Kyle Brat, Eric
Layton, Christine Negus
and Sharron Peeples.

St. Thomas More Library

Until July 23 at 1017 College
Dr. Shreeni Patel, Twins and
Bifurcations, multigenerational
by Sherman Delap.



Sundog, Joy by Cheryl Buckmaster is on display at the Dorrell Bell Gallery

FAMILY

Parent and Tot Yoga

Wednesdays at The Farmers' Market at 10 a.m. led by Giaanna Stampf and her mom, parents with children ages 10 months to three-and-a-half. \$10. To register call 514-383-9500. Visit a suggested donation to Yoga for Youth. Bring a mat and snacks.

Moms and Baby

Wednesday until June 4, 10 a.m. to 11:30 a.m. at The Farmers' Market, 1015 Lorne, where and connects with other moms and babies in your community. Learn from local experts about a variety of topics for modern moms. Visit yogaforyouth.ca/momsandbabies.aspx.

Brownie Play Dates

Wednesday until June 4, 10 a.m. to 11:30 a.m. at John Diefenbaker school. Four-week sessions for kids ages three to five. \$10. To register call 514-383-9500. Visit yogaforyouth.ca/brownies.aspx.

Stamps and Stories

Wednesday, 10 a.m. to 11:30 a.m. at the Montreal Children's Hospital. This play area is free and has different-level slides. Children must wear socks in the play area. Call 306-372-1723, ext. ph-

and stroller parking in select theatres

Newborn Knowledge: Breast-Feeding Classes

Wednesday, 10 a.m. to 11:30 a.m., at Pregnancy and Parenting Health Centre, 2031 Blvd. Dufferin. \$10. Taught by lactation educators and mothers, Martha Newland and Fred Berry. Learn how to get off to a good start with breastfeeding. Call 514-383-9500. Visit a suggested donation to Yoga for Youth. Bring a mat and snacks.

Print Factory toddler Playgroup

Wednesday, 10 a.m. to 11:30 a.m. at 10425 Quebec St. A print lab for preschoolers for young children, adults and children one year and older. This is a separate fenced-in area for children under two.

Children's Play Centre

Daily at Laval Heights Mall. A fun, safe, environment for antisocial children to play. Please note this is an unstructured play area, and adults must stay with their children. To register call 514-256-4933.

Market Mill Children's Play Centre

Daily except off the first and
third Saturday of the month. This play area
is free and has different-level
slides. Children must wear
socks in the play area. Call 306-372-1723, ext. ph-

Movies for Mothers

Thursdays, 1 p.m. at Malibu
Cinemas in The Centre. An
infant-friendly environment
with reduced sound, change
tables, bottle warming and
stroller parking.

Canadian Light Source (CLS) Public Tours

Thursdays, 10 a.m. at the Canadian
Light Source, 400 University

St. in Saskatoon. The international
research facility is open.

For the public. Information

is required. Call 306-653-3644,

email@example.com or visit lightsource.ca/en/public_tours.html.

Breastfeeding Centre

Thursdays, 10 a.m. to 11:30 a.m.
at Westmount Primary Health Centre, 2311 Dartmouth
St. A drop-in support group.
Everyone will be met by a
lactation consultant with a
brief educational presentation,
and time for interaction with
the other mothers.

Recipes for Babies & Family Cooking Class

Thursdays, 4:30 p.m. to 6:30 p.m. and Sundays, 1 p.m.
to 3 p.m., through May 1 at the
Saturation Food Bank and
Learning Centre, 2031 Ave. C
in Laval. \$10. To register call 514-256-4933.
Visit printfactory.ca/toddlerplaygroup.html.

Montreal Children's Festival

May 23 to June 1, 10 a.m. to 2 p.m., in front of the Musée
des sciences et de l'espace. Shows consist of
power-walking body-sculpting
moves using a chair for balance
and a session for parents
to learn how to play with
numerous games. No dress
code. Visit montrealchildrensfestival.com.

Goffee Time for Moms

Fridays, 10 a.m. to 12:30 p.m.,
at L'abri Bobbi-Belle, 365 Third Ave.
C. Beginner to intermediate
yoga designed to help with
postpartum recovery. Baby
friendly class with a certified
yoga teacher. \$15. Visit montrealchildrensfestival.com for more information.

Early Talk at RPI

Fridays, 10:30 a.m. at Alice
Tunney House, Montreal, 10-30
St. at Centre Street.

Call 514-873-6200 or email

info@rpi.org.

Craft and Story Time

Saturdays, 11 a.m. at Indigo
Bevco, 3332 Eighth St. E. in the
kids section. Call 306-264-5837.

Bedtime for Babies: Family Cooking Class

Saturdays, 1 p.m. to 3 p.m.,
and Thursdays, 4:30 p.m. to
6:30 p.m., through May 1 at the
Saturation Food Bank and
Learning Centre, 2031 Ave. C
in Laval. \$10. To register call 514-256-4933.
Visit printfactory.ca/toddlerplaygroup.html.

Children's Entrepreneur Workshop

May 21, 9:30 a.m. to 1 p.m.,
and half-price June 1, 10 a.m. to
12 p.m., at Hargrave House
Centre, 399 Princess Dr. Stratford.
\$65. Ages 8-12. Open to students
between six and 12 years old.
To register visit montrealchildrensfestival.com.

Moms and Baby

Monday until June 30, 10 a.m. to 12:30 p.m., at 1017 Peel St.
Shine, share and connect with
other moms and babies.
Visit montrealchildrensfestival.com for
more information about a
variety of topics for mom and
babies.

diverse, interactive and hands-on
activities for children of all
ages. Featuring All the Horses
Interactive, a musical instrument
electronic instrument in sole
from around the world. Visit
montrealchildrensfestival.com.

Montreal Yoga

Monday, 12:30 p.m. to 1 p.m.,
at Prepare and Prevail
Health Centre, 368 Third Ave.
S. Beginner to intermediate
yoga designed to help with
postpartum recovery. Baby
friendly class with a certified
yoga teacher. \$15. Visit montrealchildrensfestival.com for
more information.

Montreal Yoga

Monday, 6 a.m. to 7:30 a.m.,
at Prepare and Prevail
Health Centre, 368 Third Ave.
S. Taught by a yoga and certified
yoga teacher. Information
and how to register for
each stage. Call 306-314-0443
or email info@montrealyoga.com. No class
on stat holidays.

Montreal Daycare
Monday, 6 a.m. to 7:30 a.m.,
at Prepare and Prevail
Health Centre, 368 Third Ave.
S. A private room or Ammex
room. Open playground with ride-on
cars, open equipment, tables
and books. For children up to
age six. Food and drinks are
not welcome, but the building is
separate.

Montreal Daycare

Monday to Friday, 10:30 a.m.
to 4:30 p.m. and late-night
Thursdays at L'abri Bobbi-Belle,
365 Third Ave. C. With a
very nice playground, including
several different themes,
and cribs. To book groups,
call 514-873-6200 or email
info@montrealdaycare.com.

Moms and Baby
Monday until June 30, 10 a.m.
to 12:30 p.m., at 1017 Peel St.
Shine, share and connect with
other moms and babies.
Visit montrealchildrensfestival.com for
more information about a
variety of topics for mom and
babies.

EVENTS

Playgroup

Tuesdays, 10 a.m. to 11:30 a.m., at Grace-Westminster United Church, 1000 10th Ave. Prairie Heart Learning Community, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages are welcome.

Prenatal Class Time

Tuesdays, 10:30 a.m. to 11 a.m., at Maternal Robinson, 3130 12th St. E. For children ages three to five in the Circle of Trees. Call 204-655-1577.

Bumping for Birth

Tuesdays until June 3, 6 p.m. to 7:30 p.m., at Pregnancy and Parenting Health Centre, 248 13th Ave. S. A six-week course. Classes stress to put an emphasis on the physical access with her body and mentally and physically ready to embrace the birth experience. To register visit bumpingforbirth.ca.

Hendryck's Yarns

Sundays until June 1, 1 p.m. to 9:30 a.m., at Pregnancy and Parenting Health Centre, 248 13th Ave. S. A comprehensive checklist, education series, preparing the mind for the birth of a child. To register visit birth-rhythms.ca.

Read & Paint

The first Tuesday at 10:30 a.m. until June 10, 10 a.m. to 11:30 a.m., each month, at West Paint Party, 20-110 Eighth St. Suitable for ages two to four. Each month features a different story followed by a related painting project.

Mom and Baby Outfitter Stroller Fitness Classes

Tuesday and Thursday, June 3 to Aug. 28, 10:30 a.m., along the Moosejaw Trail. Meet new moms and get a whole body workout. Call 306-242-7744 or startimesoutfitter.ca 306-270-2838 or email Seesha.tanvir@outfitter.ca for more information on Facebook.

Canary Gymnastics Camps Until June 27, and July 7 to Aug. 29, at 302-2323 Moose Jaw Ave. Various schedules for



The South of Dauphin Colour Festival/Fair Remained Sunday, 9 a.m. to 4 p.m. in Lakeside Park in Dauphin.

ages two to 10. Visit www.outfitter.ca.

BRHHS 4-H 2014 Saskatchewan Provincial 4-H Leadership Conference

General information, dates and examples for lots of fun ages six to 16. Various locations in Saskatchewan. An atmosphere for students to build friendships, play games, and have fun using 4-H® clubs what makes 4-H® unique. Tickets at www.sask4h.ca or call 306-979-2179.

Saskatoon Public Library Programs

Ongoing daily programs for children and families. Find the calendar at saskpubliclibrary.ca/events/

SPECIAL EVENTS

Stress, Reading and Information for the Mind of Hearing

May 29, 1:30 p.m. to 3:30 p.m., at Saskatchewanaudia and Bechard Congress Hall, 201 7th Ave. N. Hosted by the Head of Hearing Assessment. For information call 306-249-8357.

YFCA Saskatoon 2014 Winter of Distinction Awards

May 29, 5:30 p.m., at TCU Corp. Coliseum. A night of inspiring individuals whose passion, commitment and achievements have enhanced our community. Champagne reception, a silent auction, dinner and a program. Tickets at www.yfcasaskatoon.ca or at the YFCASaskatoon box office in the Esso gas bar!

Presentations on Baroque Music: The Legacy of Bach and Telemann

May 29, 7:30 p.m., at Conexus Hall, 100 10th Ave. S. Peter Mervin will discuss his presentations on Baroque music, from 1650 to 1750, by Zachary Carter, Matthew Chase and Walter Krebs. With an introduction by David Parkinson, a professor of German literature and history, and a discussion of the 16th Biennale International Conference on Baroque Music in Salzburg, Austria.

Third Annual International Saskatoonian Salsa and Bachata Congress

May 29 to June 1 at TCU Place. Dance performances, work-

shops for all experience levels, and mighty clever parties! The Congress will also be the World's first competition for the World Latin Dance Congress. Details to be announced in June in Saskatoon. Tickets at 306-653-4700, saskdances.com@me.com, www.saskdances.com, or at the Saskatoonian Arts Festival box office in the Esso gas bar!

Pension, Purpose and Possibilities: A Workshop for Women

May 30, 9 a.m. to 4 p.m., at The Willow Golf & Country Club. Hosted by the Canadian Play Advisory Board. Interactive, informative and personal development. Tickets at www.pppc.ca.

Street Legal Recipe

May 30, 8:30 p.m., at SaskTel Community Auditorium. Various information on how to cook up a safe and legal environment. Admission free.

Star Carrot

May 30, 7 to 7:30 p.m., at University of North Indian classical instrumental music. Star performance by Dr. Vilma Gupta. Tickets at www.concerts.ca.

Nelly Robison, the Sessionals: 326-371-9410, 326-371-0039, 306-379-4466, 306-223-8200, 306-374-8206 or at the door.

Saskatoon: Silver Circus May 30 to June 1 at Polite Land Park. Third 40th anniversary. Visit [washwashwassassass.com](http://www.washwashwassassass.com). With readings that reflect on urban life within nature by students of the U of S MFA writing program, local food and rifles. Tickets at www.washwashwassassass.com.

Northland City Festival

Until May 31 around Saskatoon. Celebra life in big nature. Created by individuals and groups dedicated to the enjoyment and appreciation of the natural world. Michelle McLean and Barbara Hinslager on May 28; Explore, wonder, fizz, taste, share, listen and enjoy. With music, demonstrations, face-painting and an information fair. Visit www.northlandcityfestival.ca.

Legion Branch 62 Garage Sale

May 31, 9 a.m. to 4 p.m., at 601 Princess Cres. W.

Spring into Something

May 31, 1 p.m. to 5:30 p.m., at Studio 11 Music & Dance Co.

9-1020 Bayview Dr. A beginner and intermediate sequencing workshop. Song writing class and Michael when they knew me. Rockin' Rollers at 9:30 a.m., rockinrollers@me.com, www.saskdances.com.

The Celtic Gathering

May 31, 2:30 p.m. to 6:30 p.m., at the SaskTel Community Auditorium. Featuring guest celticist Michelle Poulett and celticista and musician Christopher Hall. Classical/celtic instruments show up comedy. Tickets at www.saskceltic.ca.

String Fling

May 31, 4 p.m. to 7 p.m. Presented by the South Central Park Community Association. Live entertainment, food, drink, raffles and a silent auction. All proceeds go to the concert. A chance to renew your community association shawl.

Second Annual Eat These Foods community festival

May 31, 5 p.m. to 9:30 p.m., at 303 James University Auditorium. Concert featuring local food. Tickets at www.eatthesefoods.ca.

Dufferin Ave.: Part of the Wild About Seakatoon Nature City Festival. A co-operative venture between the Dufferin Nature Society and Open Cocks Society of Saskatoon.

With readings that reflect on urban life within nature by students of the U of S MFA writing program, local food and rifles. Tickets at www.washwashwassassass.com.

Saskatoon Yellow Jackets Home Game

May 31, 2 p.m., at Canine Field, 6202 Ave. P. Playing against the Vernon Cardinals. Visit www.saskyellowjackets.com.

Severin the Arts 2014

May 31, 7 p.m., at Lakeland Church Auditorium. A semi-formal evening of music and drama by Index Elementary Centre. An evening of auditory, musical and visual art. Horns of voices and drums, live music, a slide presentation, and live and silent art auctions. Tickets at 306-353-2600 or www.severinthearts.com.

Beads of Courage Colour Festival Run

June 1, 9 a.m. to 10 p.m., at Lakewood Park. A 5km run in support of the Beads of Courage Foundation. Participants will pass through colour stations as they run. Whichever and whatever costume you have, it's a fun run and a great cause. Register at www.colourrun.ca/beads-of-courage.

Saskatoon Yellow Jackets Home Game

June 1, 1 p.m., at Canine Field, 6202 Ave. P. Playing against the Vernon Cardinals. Visit www.saskyellowjackets.com.

Saskatoon Concert Band Amfibier

June 1, 7:30 p.m., at Grace-Westminster United Church. Tickets at 306-342-3116. Missy Robbie will be on the door.

Tight Fit Poetry

June 1, 7:30 p.m., at the Basement. Short Poem Deathmatch featuring writing out loud. Tickets at www.saskpoetryjazz.ca.

Great big blues-a-thon community sing-along. Bring your bluesy voice and harmonica if you want.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a novelty illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product, and email it to books@postmedia.com. One winner will be chosen each week.



Last week's contest winner is
Kaylee Rosenfeld.
Thanks to everyone who
submitted entries!

GARDENING

GARDENING IN SASKATCHEWAN

The benefits of mulching your borders

By Sara Williams

A mulched border conserves water and protects your plants and soil. It also reduces maintenance and the need for fertilizers and pesticides.

Let's begin with a definition: mulch is a layer of organic material, 1 to 3 inches deep, spread over the soil surface between your plants. Various types of mulches, like peat pots, cause spongy soil mess, shredded bark, decorative bark, chipped debris, evergreens, needles, and cones, that stress and disease, and more! Leaves are available.

Mulching is a natural form of the mulching of decomposing leaves that covers a forest floor or can build up of trash in a Prairie prairie, and is an excellent way to recycle materials once destined for landfills or burning.

Here's a list of mulching benefits:

WATER CONSERVATION

Mulching suppresses weeds that compete with your border plants for water. More importantly, it cools the soil and reduces evaporation. Mulch also reduces wind erosion. The slightly increased height of a mulched border and the rough texture acts as a wave trap. The extra mass translates the plants over winter and provides added insulation when it melts in the spring.

SOIL IMPROVEMENT AND CONSERVATION

Mulch protects valuable topsoil from erosion. Mulching also prevents crusting and cracking and improves water penetration. An added bonus over time, it releases nutrients and adds organic matter to the soil. The result is better soil structure and improved water and nutrient capacity of your soil. And the mulch layer acts as a cushion, protecting soil organisms



Along with a host of other benefits, a mulched garden is low maintenance and has a unified appearance. PHOTO COURTESY SARA WILLIAMS

WEED CONTROL

Weeds compete with flowers and shrubs for light, space, nutrients and water. By insulating light, the mulch layer prevents germination of the many weed seeds waiting in the soil below. It also acts as a physical barrier preventing the emergence of weed seeds that do germinate. Weed seeds that have come the mulched soil face first if it's difficult to root through the mulch.

REDUCES WATER SPLASH

Mulch absorbs water and almost entirely eliminates water and soil splash. This keeps flowers (and fruit such as strawberries) along with lawns, walking clean. But more, too, perhaps by reducing multiple mulch reduces soil borne fungi and bacterial diseases that can be transferred from the soil to the flowers, fruits and fruit from irrigation and rain.



Florists' wool, also known as straw, and peat moss are popular choices for mulch. FLORISTS' WOOL COURTESY SARA WILLIAMS

ENCOURAGES LADYBUGS

Once a mulch layer has been in place for a year or two, gardeners will be ensured by the number of ladybugs

that find a home within and on spring, preventing the premature emergence of spring bugs they are truly a gardener's friend!

DISCOURSES SLUGS

Mulch's coarse texture, especially past peat, reduces slug populations by trapping and dehydrating their tender bodies.

TEMPERATURE MODIFICATION

Mulch insulates the soil below moderating temperature extremes. By cooling the soil surface during the hot days of summer, mulch insures healthy root growth and prevents root injury caused by excessively high temperatures. In spring and fall, it insulates the freeze-thaw cycles of heavy soils which can cause heaving and root injury to young plants. Mulch keeps the soil cooler in early

DESIGN FUNCTION

Mulch adds subtle colour and texture to the landscape. It unifies beds, especially when the plants are young, and adds a seemingly orderly speech within the bed. Mulch lets the world know that indeed this is a bed and should be walked around rather than through.

Sara Williams is the author of the annualized regional guide *Cooling the Soil: Strategies and Tools for Shadier Gardening Naturally*, a seasonal journal.

This column is provided courtesy of The Saskatchewan Horticultural Co., saskhort.com. Check out our website for calendar for upcoming horticultural events in May and June.

WINE WORLD

SASKATCHEWAN WINE SCENE

Spring fulfills the locavore's search for a wine alternative

By James Romanow

Once upon a time I was in charge of throwing a weekly art gallery party for openings. Often it was the choice of what to serve was a dessert party or a wine and cheese. I learned the two crowds had little overlap. If wine was on the menu, the dessert crowd was disgruntled and left early. If dessert was the choice, the wine made a valiant effort to stick if not last to last.

These days "dry" table wines often taste alcohol and sugar. Moreover, bodies have leaped into the fray carrying the banner "Locavore" as high. As most of the world lives in batches where the climate is either too cold or too hot for wine growth, locavores have begun demanding alternative beverages to wine.

Heads, or honey wine, is one such choice. Distilled from, it is a truly sweet beverage. To balance it, many producers add fruit juice and add flavor and acidity. Cypress Hills Winery produces a number of honey wines available both at the winery and through the SLGA.

Spring is a blend of ripe new cherries and honey wine and a recent winner of a double gold medal in the east category at the All Canadian wine championship. It is an intense berry flavored drink, with a bouquet of cherry and cinnamon. For me, Spring is best as a spritzer.



and with soda water but it would go good with any kind of cake, particularly nectars or jellies like a 3Mie winner. Dose frigide temp.

If you're interested in the Cypress Hills line-up, they host tours and are open now from 10:00 a.m. to 5 p.m. and noon to 5 p.m. on weekends.

Cypress Hills Spring, \$19.99 *****

Many more wines in Monday's paper and on Twitter @drjrom.

Crossword/Sudoku answers

SCHLEPPA	SHREWDOM
ERODING	MOREPLY
VAMODESS	ACETALS
EVEN	SASKCAT
NESTS	THEEDIE
EEDER	FORRILED
MAC	NOTOKAORAPI
ALA	SUREPABCAP
TORSO	SHOALDEDS
SUPERB	INGE
EYDORF	SETAIG
CON	DODSMEHL
ATTTEMPT	ENTENTE
LODGER	WHEREON
MERCURY	SLAYTON

1	2	9	8	3	7	6	4	5
5	7	6	9	1	4	8	2	3
4	3	8	5	2	6	7	1	9
2	6	4	1	9	3	5	7	8
9	8	3	4	7	5	2	6	1
7	1	5	6	8	2	3	9	4
6	9	1	7	5	8	4	3	2
8	4	2	3	6	9	1	5	7
3	5	7	2	4	1	9	8	6



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Pioneer

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- Output: 2 x 4 Ohm
- Watts Bridged



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- 1 Layer cone coil



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